
BIOGRAPHICAL SKETCH

Provide the following information for the key personnel and other significant contributors.
Follow this format for each person. **DO NOT EXCEED FOUR PAGES.**

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|---|---------------------------------------|-----------|---|
| NAME Linda S. Trudeau | POSITION TITLE Associate Scientist | | |
| EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i> | | | |
| INSTITUTION AND LOCATION | DEGREE <i>(if applicable)</i> | YEAR(s) | FIELD OF STUDY |
| University of Northern Iowa, Cedar Falls, IA | B.A. | 1965-1969 | Psychology |
| University of Iowa, Iowa City, IA | M.A. | 1974-1975 | Rehabilitation Counseling |
| Iowa State University, Ames, IA | Ph.D. | 1994-2000 | Human Development and Family Studies |

A. Positions and Honors..

1976 – 1978: Mental Health Counselor, Midlands Psychological Associates, Council Bluffs, IA
1978 – 1985: Mental Health Counselor, West Iowa Mental Health Center, Carroll, IA
1985 – 1987: Mental Health Counselor, Plains Area Mental Health Center, LeMars, IA
1988 – 1994: Mental Health Counselor, Sunrise Counseling and Wellness Center, Carroll, IA
1994 – 1998: Mental Health Counselor, Carroll Psychiatry, Carroll, IA
1990 – 1998: Consultant and Trainer, Personal Best, Carroll, IA
1998 – 1999: Temporary Assistant Professor, Wayne State College, Wayne, NE
1998 – 2000: Research Assistant, Health & Behavior Research Project, Iowa State University, Ames, IA
1999 – 2000: Temporary Instructor, Human Development & Family Studies Dept, Iowa State University, Ames, IA
1999 – 2001: Research Assistant, Institute for Social and Behavioral Research, Iowa State University, Ames, IA
2001 – present: Marital and Family Therapist and Mental Health Counselor, Central Iowa Psychological Services, Ames, IA
2001 – present: Associate Scientist, Partnerships in Prevention Science Institute, Iowa State University, Ames, IA

Professional Memberships:

1985 – present: Iowa Mental Health Counselor Association, Past President, past Secretary, past Treasurer
1985 – 2000: American Mental Health Counselor Association, Past Member Services Committee member
1985 – 1999: American Counseling Association
1985 – 1999: Iowa Counseling Association, past President, past Government Relations Committee Chairperson
1998 – 2002: Association for Counselor Education and Supervision
2001 – 2004: American Psychological Association
2002 – present: Society for Prevention Research
2002 – present: Society for Research on Adolescence
2005 – present: American Association for Marriage and Family Therapy

Professional Licenses and Certifications:

1985 – present: National Academy of Certified Clinical Mental Health Counselors #901
1989 – present: National Board of Certified Counselors #20189
1992 – present: Licensed Mental Health Counselor, Iowa, #22
1998 – present: Licensed Marital and Family Therapist, Iowa, #164

Honors and Professional Service:

1994 Iowa Counseling Association Award for Contributing to the Status of the Profession
1994 – 2001: Iowa Board of Behavioral Sciences Examiners, past Secretary, past Chairperson
2005 – present: Editorial Board Journal of Youth and Adolescence.

B. Selected peer-reviewed publications (in chronological order).

- Russell, D. W., De la Mora, A., Trudeau, L. S., Scott, N., Norman, N. A., & Schmitz, M. F. (2000). Psychologists' reactions to a managed mental health care program under Medicaid: A longitudinal investigation. *Professional Psychology: Research and Practice, 31*, 547-552.
- Trudeau, L. S., Russell, D. W., De la Mora, A., & Schmitz, M. F. (2001). Comparisons of marriage and family therapists, psychologists, psychiatrists, and social workers on job-related measures and reactions to managed care in Iowa. *Journal of Marital and Family Therapy, 27*, 501-508.
- Spoth, R., Goldberg, C., Nepl, T., Trudeau, L., & Ramisetty-Mikler, S. (2001). Rural-urban differences in the distribution of parent-reported risk factors for substance use among adolescents. *Journal of Substance Abuse, 13*, 609-623.
- Redmond, C., Spoth, R., & Trudeau, L. (2001). Family and community-level predictors of parent support seeking. *Journal of Community Psychology, 30*, 153-171.
- Spoth, R., Guyll, M., Trudeau, L., & Goldberg-Lillehoj, C. (2001). Two studies of proximal outcomes and implementation quality of universal preventive interventions in a community-university collaboration context. *Journal of Community Psychology, 30*, 499-518.
- Goldberg-Lillehoj, C., Spoth, R., & Trudeau, L. (2002). Rural teacher training to enhance implementation quality of empirically-supported preventive interventions. *The Rural Educator, 24*, 3-11.
- Spoth, R., Redmond, C., Trudeau, L., & Shin, C. (2002). Longitudinal substance initiation outcomes for a universal preventive intervention combining family and school programs. *Psychology of Addictive Behavior, 16*, 129-134.
- Gerrard, M., Gibbons, F. X., Reis-Bergan, M., Trudeau, L., & VandeLune, L. (2002). Inhibitory effects of drinker and non-drinker prototypes on adolescent alcohol consumption. *Health Psychology, 21*, 601-609.
- Trudeau, L., Spoth, R., Goldberg-Lillehoj, C., Redmond, C., & Wickrama, K. A. S. (2003). Effects of a preventive intervention on adolescent substance initiation, expectancies, and refusal intention. *Prevention Science, 4*, 109-122.
- Trudeau, L., Goldberg-Lillehoj, C., Spoth, R., & Redmond, C. (2003). The role of assertiveness and decision-making in early adolescent substance initiation: Mediating processes. *Journal of Research on Adolescence, 13*, 301-328.
- Lillehoj, C., Trudeau, L., Spoth, R., & Wickrama, K. A. S. (2004). Internalizing, social competence, and substance initiation: Influence of gender moderation and a preventive intervention. *Substance Use and Misuse, 39*, 963-991.
- Goldberg-Lillehoj, C., Spoth, R., & Trudeau, L. (2005). Assertiveness among young rural adolescents: Relationship with alcohol use. *Journal of Child and Adolescent Substance Abuse, 14*, 39-63.
- Lillehoj, C. J., Trudeau, L., Madon, S., & Spoth, R. (2005). Externalizing behaviors as predictors of substance initiation trajectories among rural adolescents. *Journal of Adolescent Health, 37*, 493-501.
- Lillehoj, C. J., Trudeau, L., & Spoth, R. (2005). Longitudinal modeling of adolescent normative beliefs and substance initiation. *Journal of Alcohol and Drug Education, 49*, 7-41.
- Madon, S., Willard, J., Guyll, M., Trudeau, L., & Spoth, R. (2006). Self-fulfilling prophecy effects of mothers' beliefs on children's alcohol use: Accumulation, dissipation, and stability over time. *Journal of Personality and Social Psychology, 90*, 911-926.
- Abraham, W. T., Russell, D. W., Guyll, M., Trudeau, L., Lillehoj, C., & Spoth, R. (2006). School- and family-level income effects in a randomized controlled prevention trial: A multilevel analysis (pp. 250-265). In P. Dolan, J. Canavan, & J. Pinkerton (Eds.) *Family support as reflective practice*. London: Jessica Kingsley Publishers.
- Trudeau, L., Spoth, R., Randall, G. K., & Azevedo, K. (2007). Longitudinal effects of a universal family-focused intervention on growth patterns of adolescent internalizing symptoms and polysubstance use: Gender comparisons. *Journal of Youth and Adolescence, 36*, 740-745.
- Spoth, R., Randall, G. K., Trudeau, L., Shin, C., & Redmond, C. (2008). Substance-related outcomes of universal family-and school-based interventions 5½ years past baseline. *Drug and Alcohol Dependence, 96*, 57-68. PMID: 18434045. PMC journal-in process.
- Spoth, R., Trudeau, T., Shin, C., & Redmond, C. (2008). Long-term effects of universal preventive interventions on prescription drug misuse. *Addiction, 103*, 1160-1168. PMID: 18557842, PMC journal-in process
- Spoth, R., Trudeau, L., Redmond, C., & Shin, C. (2008). Finding a path to more reasonable conclusions about prevention—Response to Midford. *Addiction, 103*, 1169-1173.

Spoth, R., Trudeau, L., Redmond, C., & Shin, C. (2009) Further clear examples of the need for more reasonable conclusions and critiques about prevention. *Addiction, 104*,154-155.

Spoth, R., Trudeau, L., Gyll, M., Shin, C., & Redmond, C. (In press). Universal intervention effects on substance use among young adults mediated by delayed adolescent substance initiation. *Journal of Consulting & Clinical Psychology*.

C. Research Support.

Ongoing Research Support

RO1 (DA13709)

09/01/2007 – 08/31/2012

National Institute on Drug Abuse

Partnership Model for Diffusion of Proven Prevention

This study examines youth problem behavior reduction resulting from partnership-assisted interventions (Aim 1). In addition, partnership processes are assessed to identify factors that positively affect (a) the success of the partnerships from partner and outsider perspectives, (b) the quality of implementation of interventions, and (c) institutionalization of the partnership (Aim 2). Modeling of partnership and intervention-related change mechanisms are planned. Results will guide application of the partnership model to other communities in Iowa and Pennsylvania, and subsequently, to other states.

Role: Scientist

R01 (AA14702)

09/01/2003 – 08/31/2009

National Institute on Alcohol Abuse and Alcoholism

Rural Family and Community Drug Abuse Prevention Project

The aims of this project are: (a) to conduct follow-up data from an ongoing study of the Iowa Strengthening Families Program and the Preparing for the Drug Free Years Program, in order to examine its long-term outcomes among young adults; (b) to examine the course and developmental etiology of substance use, abuse, and dependence from young adolescence to young adulthood in; and (c) to examine the effects of adolescent substance use on substance and other mental health and behavioral outcomes among young adults raised in rural environments.

Role: Scientist

Completed

Disaster Mental Health and Substance Abuse Response Training

Principal Investigator: Daniel Russell, Ph.D.

04037760164302465

Department of Human Services in Iowa

Role: Co-Investigator

R01 (DA10815)

07/01/2002 – 06/30/2009

National Institute on Drug Abuse

Rural Youth and Family Competencies Building Project

The aims of this MERIT project are: (a) to conduct a controlled study of a multicomponent youth and family competencies-building intervention designed to enhance family- and youth-related protective factors, reduce youth substance use risk factors, and delay the onset of youth substance use; (b) conduct causal modeling of intervention-related change mechanisms involving family- and peer-related protective process effects on targeted outcomes; and (c) study factors influencing family members multicomponent intervention participation and intervention skills implementation.

Role: Scientist – Project Manager